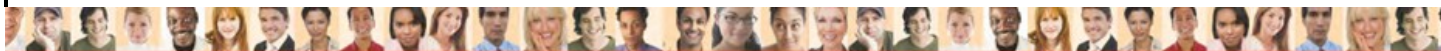


beacon center for counseling

Presents a Small Group Study



Life's Healing Choices

Freedom from Your Hurts, Hang-Ups and Habits

Life's Healing Choices Small Group Study

This 8 session, DVD lead group study taught by Rick Warren, author of *The Purpose Driven Life* and hosted by Beacon Counseling Licensed Professional Counselors uses the Beatitudes from Jesus' Sermon on the Mount and is designed to take participants through a step-by-step recovery and self-discovery process.

The group study includes a workbook with questions, memory verses, practical application and many more tools to assist you toward recognizing and releasing hurts that can keep all of us from finding real answers and real hope.

A NEW SESSION BEGINNING SOON!

Please contact Sharon Williston, PC-CR, CDCA at Ext. 7 if you are interested in participating.

The material in this small group study is designed to compliment the book *Life's Healing Choices*, by John Baker and Rick Warren.

Although not required, each session will direct you to additional reading from the book for greater understanding of the following topics:

Choice 1 **Admitting Need** -
The Reality Choice

Choice 2 **Getting Help** -
The Hope Choice

Choice 3 **Letting Go** -
The Commitment Choice

Choice 4 **Coming Clean** -
The House Cleaning Choice

Choice 5 **Making Changes** -
The Transformation Choice

Choice 6 **Repairing Relationships** -
The Relationship Choice

Choice 7 **Maintaining Momentum** -
The Maintenance Choice

Choice 8 **Recycling Pain** -
The Sharing Choice

"Do you ever eat or drink more calories than your body needs? Do you ever feel you ought to exercise but don't? Do you ever know the right thing to do but don't do it? Do you ever know something is wrong but do it anyway? If you answered yes to any of the questions above, you'll know without a doubt that you are a citizen of the human race. As members of the human race, we all deal with life's hurts, hang-ups, and habits." - Rick Warren



509 South Otterbein Avenue
Suite 9
Westerville, Ohio 43081

Phone: 614.776.5311
FAX 614.776.5333
www.beaconcounselingcenter.com

Beacon Center provides competent counseling in a caring Christian environment.